

<p>LINTON ELEMENTARY SCHOOL</p>	<p>Daily Breakfast meal includes: main entrée OR cereal & toast with fruit & milk/juice</p> <p>Daily lunch entrée may be substituted with a peanut butter or cheese sandwich.</p> <p>For questions or nutritional information about the lunch program please contact Jessica Taylor, Food Services Director, at 812-847-6024 ext. 406.</p>					
<p>Offer Vs. Serve Students must take <u>at least</u> ½ cup fruit <u>or</u> vegetable and two additional components of their choice to make a complete tray. Students may decline any other component.</p> <p>The 5 Components are: Milk, Grain, Meat/Meat Alternate, Fruits, and Vegetables.</p> <p>Daily choices of low-fat white or fat-free chocolate milk.</p> <p>Breakfast (starting at 7:30 am): Regular: \$1.50 Reduced: \$0.30 Adult: \$1.80</p> <p>Lunch: Regular: \$2.85 Reduced: \$0.40 Adult: \$3.45</p>	<p>October 2</p> <p>B: Cereal & Toast</p> <p>L: Pepperoni Pizza French Fries Carrots Pears</p>	<p>October 3</p> <p>B: Egg and Toast</p> <p>L: Grilled Cheese Baked Beans Ranch Potatoes Strawberries and Bananas</p>	<p>October 4</p> <p>B: Cereal & Toast</p> <p>L: Chicken Alfredo w. Garlic Toast Salad Corn Baked Apples</p>	<p>October 5</p> <p>B: Oats</p> <p>L: Chili w. ½ PB & Crackers Celery and Dip Broc. & Cheese Mand. Oranges</p>	<p>October 6</p> <p>B: Cereal & Toast</p> <p>L: Chicken Sand. Sweet Potatoes Cucumbers Fruit Cocktail</p>	
	<p>October 9</p> <p>B: Cereal & Toast</p> <p>L: Chicken Bites w. Roll Green Beans Carrots Straw/Blueberr.</p>	<p>October 10</p> <p>B: Sausage & Biscuit</p> <p>L: Corndog Broccoli & Dip Baked Beans Applesauce Brownie</p>	<p>October 11</p> <p>B: Cereal & Toast</p> <p>L: Biscuit & Gravy Sausage Hash Browns Celery & Dip Peaches</p>	<p>October 12</p> <p>FALL BREAK</p> <p>NO SCHOOL</p>	<p>October 13</p> <p>FALL BREAK</p> <p>NO SCHOOL</p>	
	<p>October 16</p> <p>B: Cereal & Toast</p> <p>L: Cheese Breadsticks Marinara Peas Applesauce Cookie</p>	<p>October 17</p> <p>B: Early Riser w. Toast</p> <p>L: Vegetable Soup w. ½ Ham Sand & Crackers Broccoli Sw. Potato Fries Mand. Oranges</p>	<p>October 18</p> <p>B: Cereal & Toast</p> <p>L: Country Fr Stk w. Roll Mash. Potatoes Green Beans Apples Slices</p>	<p>October 19</p> <p>B: Calzone</p> <p>L: Hot Dog Baked Beans Carrots & Dip Fruit Salad</p>	<p>October 20</p> <p>B: Cereal & Toast</p> <p>L: Taco Boat Refried Beans Salad Bananas</p>	
	<p>October 23</p> <p>B: Cereal & Toast</p> <p>L: Baked Spaghetti w. Garlic Toast Spinach Celery & Dip Pineapple</p>	<p>October 24</p> <p>B: Apple Bosco</p> <p>L: Chick. Nuggets w. Mac and Cheese Carrots Salad Mand. Oranges</p>	<p>October 25</p> <p>B: Cereal & Toast</p> <p>L: Pancakes & Sausage Hash brown Veggie Juice Apples</p>	<p>October 26</p> <p>B: Cinnamon Toast</p> <p>L: Chicken & Noodles w. Roll Mash. Potatoes Green Beans Bananas</p>	<p>October 27</p> <p>B: Cereal & Toast</p> <p>L: Philly Cheesesteak Baked Beans Sweet potatoes Pears Cake</p>	
	<p>MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO PRODUCT AVAILABILITY.</p>					